

COMMUNITY GROUP LEADER BASIC TRAINING

LESSON 11: HOW PEOPLE CHANGE

INTRODUCTION:

“How People Change” is an excellent resource for you and your group to understand the basics of sanctification in community. You may even want to have your entire group read this book to lay a foundation for addressing sin in your group.

ASSIGNMENT:

Watch the leader training video [Part 11: Resource: How People Change](#) and read “How People Change”.

REFLECTION:

Read Hebrews 10:19-25 and reflect on the place of community in the work of sanctification.

PRACTICE:

Take a recent conflict or difficult situation with a friend and describe how you would counsel them using your Bible.

DISCUSSION:

1. How does this book support the idea of finding our identity in Christ?
2. How do you lead someone to own their sin rather than manage it?
3. How did this book change the way you look at sanctification in community?
4. What was the biggest take away that you had from this book?